

KIDS KNIT

Beginner Knitting Course for kids 8 and up.

Details:

- ✦ Min Enrollment: 8 students
- ✦ Max Enrollment: 15 students
- ✦ Cost: \$160 (all supplies included)
- ✦ Meets 1 hour each week for 8 weeks (8 meetings total)

What you get:

- ✦ 8 hours of Instruction and guided practice
- ✦ Beginner booklet
- ✦ Knitting bag
- ✦ Wooden knitting needles: made in class
- ✦ Yarn needle, tape measure, and any required notions
- ✦ 3 Finished Objects
- ✦ Certificate of completion

When/Where:

Location: TBD (Branson area)

Dates/Time: Tuesdays 6-7pm
October 30-December 18

SPACE IS LIMITED
PRE REGISTRATION REQUIRED

For Reservations:
Erin
erinsawford@gmail.com



Benefits of Teaching Kids to Knit

Did you know that knitting can benefit your child even beyond encouraging him or her to be crafty? It's true, knitting is a creative art, but it can help your child improve brain, body and mindset!

Improve the Brain

It's obvious that knitting encourages creativity, but because knitting involves basic and advanced patterns, it helps kids learn to become aware of patterns and can also reenforce and even improve math skills as well as problem solving and troubleshooting. Following patterns promotes better concentration and attention, and even memory. Knitting aids in learning to follow directions, and because it requires use of both hands, both sides of the brain are engaged!



About the Instructor

Hello! My name is Ms Erin, my husband Neil and I have two children; Will, 10, and Millie, 4.

I graduated from College of the Ozarks in 2006 with a degree in art, and I have been crocheting for over 20 years, and knitting for 2 years. I lead the Branson, MO Knit and Crochet Club at the Branson-Hollister Senior Center each week.

I enjoy all kinds of crafts, writing to and receiving snail mail from my fountain pen pals, reading with my kids, and baking.

A few of my favorite things:

- ◆ Books: Princess Bride, Anne of Green Gables, Percy Jackson
- ◆ Color: Chartreuse
- ◆ Food: Mexican
- ◆ Drink: Earl Grey Tea
- ◆ Treat: Chocolate & Caramel

Improve the Body

The repetitive movements and patterns that come with knitting can help with stress and anxiety, as well as keeping joints in the hands healthy when combined with regular rest periods. And what better option than to relax with a knitting project during quiet time?

Improve the Mindset

Perhaps the most important benefit that comes with learning to knit is the lesson in patients, perseverance and pride in one's work! Knitting comes with plenty of opportunities to make mistakes, learn from them, and learn to fix them, providing great practice at perseverance. Because it requires gradually working towards a complete project your child will exercise his or her patience, with a little extra practice when it comes time to fix a mistake. And after all the hard work, patience and perseverance, they will have the pride that comes with having the finished object to use, wear or give as a gift. What a great accomplishment!

